

WEEK 10

Appealing LIFE

FRUIT OF THE SPIRIT

Pastor Kyle Chamberlain | Aug. 27th, 2023

Self Control

"Therefore do not let sin reign in your mortal body so that you obey its evil desires. Do not offer any part of yourself to sin as an instrument of wickedness, but rather offer yourselves to God as those who have been brought from death to life; and offer every part of yourself to him as an instrument of righteousness.

For sin shall no longer be your master," (Rom. 6:12-14)

- **Self Control is not about being in control. It's about who we yield control to.**
- **Who's in the driver's seat? Our friends and our emotions aren't the best drivers.**

"Once when Jacob was cooking some stew, Esau came in from the open country, famished. He said to Jacob, "Quick, let me have some of that red stew! I'm famished!" Jacob replied, "First sell me your birthright." "Look, I am about to die," Esau said. "What good is the birthright to me?" But Jacob said, "Swear to me first." So he swore an oath to him, selling his birthright to Jacob."

(Gen. 25:29-33)

- **Damage and Loss are the results of losing control rather than yielding control to the Spirit.**

"a city whose walls are broken through is a person who lacks self-control."

(Prov. 25:28)



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- The Self Control God produces in us is not an issue of willpower as it is of focus.

"Where there is no vision, people cast off restraint;" (Prov. 29:18)

- Vision is what fuels self control.
- People will give their lives for either a great person or a great purpose. As believers we have both.

"fixing our eyes on Jesus, the pioneer and perfecter of faith. For the joy set before him he endured the cross, scorning its shame, and sat down at the right hand of the throne of God." (Heb. 12:2)

- Jesus is our vision.

"Do you not know that in a race all the runners run, but only one gets the prize? Run in such a way as to get the prize. Everyone who competes in the games goes into strict training. They do it to get a crown that will not last, but we do it to get a crown that will last forever. Therefore I do not run like someone running aimlessly; I do not fight like a boxer beating the air. No, I strike a blow to my body and make it my slave so that after I have preached to others, I myself will not be disqualified for the prize." (1 Cor. 9:24-27)

- Our Focus shifts from what am I giving up to what am I giving for.

